

Hello

I am Ela and I grew up on an idyllic farm on the edge of a forest. In my extended family, I learned many things that you need know to live self-sufficiently, as this was our tradition. Therefore, I was allowed to take my dear friends, the animals with me into the forest. What can I say, when you grow up like this, you see the world with different eyes, -the problems of our time, -what it means to be connected with your roots -and how beautiful is the love for the earth.

When I got older, I moved to the big city, became an educator and had my own two children there. Many dissatisfactions arose and after closer reflection, we moved to the outskirts of the city and I bought a horse, specialized in nature and experiential education, and educated myself further in the points that I summarize in the forest project.

In the course of time the forest project came to me ever more clearly in my senses and it also has brought the realization to communicate it to other human beings, not necessarily by telling and theoretical explaining. The forest project is an EXPERIENCE!

The Forest Project



"Our desires are anticipations of the abilities that lie within us, harbingers of what we will be able to accomplish. What we can do and what we would like to do is presented to our imagination outside of us and in the future; we feel a longing for what we already possess in silence. Thus a passionate anticipation transforms the truly possible into a dreamed real."

-Johann Wolfgang von Goethe, Poetry and Truth IX

Foreword - (pimp (y)our nature, pimp (y)our life.)

The forest project- stands for the creation of places where we find ourselves in unity with our being, our roots, -feelings, -actions, -the love in us, -expressing ourselves, -our perception, -our thoughts and our origins. We want to combine old and new knowledge, bring spirituality and science in harmony with each other instead of getting lost dogmatically in crude esotericism or delusional rationalism.

Our principle is called "pimp (y)our nature - pimp (y)our life" To secure the basic human needs in harmony with nature and to make a real life as a free human being possible. We want to free ourselves from the constant struggle for money, power and recognition. Moving away from the lone wolf that awakens the worst in us, we look for people who are intrinsically motivated and have learned or want to learn to draw their happiness and meaning in life from themselves. This gives residents and visitors the basis to find peace and fulfilment in life.

- depending on their personality, both individually and in the community.

We see the whole thing as a pilot project and expressly wish for imitators. Precisely because it is impossible to establish universally valid rules for living together, we encourage everyone to realize their own project with like-minded people and to network with others and us globally. We do not want to see ourselves as a rigid community; in the forest project, everyone should have his or her individual space. A village only in a different format. These housing accommodations should not be owned, but only occupied, as we do not want to let envy and greed move in.





Additional (tree) houses are to be available for the common good, such as a sound or rather a music house, library, clothing and sewing room, ... Some houses will be rented to visitors. They can work off their vacation in part or book full boarding. The visitor can experience how it can be to live without a guilty conscience in nature. Since our Project would like to enrichment our quests in a special on the way, we offer, on request, coaching, trail riding, wellness, outdoor massages in enchanted natural spaces etc., this can be booked additionally. We also want to offer people who like to hike simple overnight accommodations with safely packed food right along the trail. This special way of letting oneself drift without carrying any load with oneself, lets one dive into one's deep origin towards oneself and one's outer world.



Water is generally one of the highest goods whose information frequencies can be processed. A fountain of youth is to be created on the site, from which residents, vacationers as well as day guests can replenish their drinking supplies. But also simply for pleasure water is of high importance for us!



The most natural and sustainable way of life allows us to live together with nature and especially the forest and its inhabitants a life like in paradise. The community should do the cultivation and in cooperating with our visitors. We want to use natural seeds and thereby ensure our own seed breeding. We also want to cultivate old varieties and thus we can expand our variety of flavours.



The diversity of food is important to us, because the quality of flavours ennoble our lives!



Furthermore, we want to press the oils from the seeds and nuts, cheese and honey are also, but less frequently encountered, as we are in friendships with the animals, produce wine, grind flour and important roots, make juices, smoothies, spreads, food drinks, etc., roast nuts and seeds, pull edible flowers, dry fruit, make essences, etc....

Hygiene

In addition to food, we can achieve a lot with clay / healing clay, for not only building, but also for internal and external use, for the body wonderfully cleansing and provides us with minerals.

For cleaning are suitable, for example, soap weed, ash and chestnuts.

In addition to food, the project will provide its residents and visitors with housing, energy, hot water and communication, and much more. The construction of the first tree houses is to be secured through start-up financing (crowdfunding). A further expansion depends on the income (-> guests/ sale of products/ restaurant/ festival etc.) of the project and donations. In general, we want to show that you can fulfil your dreams without spending a lot of money and without attacking nature; other needs will be satisfied by the individual because in our opinion, you do not need a lot of consumption for a happy life.

Healthy life

The forest project promotes health, activates self-healing processes strengthened from nature and the joy of life. Nevertheless, we will also have cases of illness. Therefore, on our resort we would like to provide the appropriate rooms for a doctor, a dentist, a veterinarian, as well as an alternative practitioner.

People with different diseases can get the best possible strengthening for their body and soul. With body awareness exercises such as meditation/ different massages/ Tai Chi/ nature parkour/ riding in nature, gardening etc. the metabolism is stimulated and the immune system is constantly strengthened. In addition, people can take advantage of the offer of coaching. Thereby the person can strengthen his own resources and strengths!

Among other things, we explore the question: what causes love for oneself and for the other?



Harmonious social life without forced communal structure.

We humans are sensitive beings who suffer greatly when there is too much disturbance. If we, in turn, live in a meaningful atmosphere, integrating our shadows from the inside out, harmony, domination and rivalry thinking dissolves.

Work

By ensuring a basic supply, it should be possible for the residents to develop freely. Every resident, except for those who have booked full board, must also work from time to time. On a blackboard the daily work is posted and everyone can decide how and when they want to contribute. For the construction phases, we invite people who want to participate and carpenter journeymen.

We want a community based on consensus as much as possible. Since there is no power or money to be gained, profiling is unnecessary. Therefore, it is important that the residents are at peace

with themselves and their lives, and have already developed a certain degree of awareness and can live this with others. We will not compromise on senseless dogmatism and religion to protect the project.



Shared development

As the project flourishes, there will be a range of unfolding opportunities for its residents: homemade and other music, art, theater, festivals, dancefloor, nature, animals, friends, knowledge, activity trails, homegrown food, themed cottages (exchange tree houses, diversified houses, community spaces allow for various flexible or constant living arrangements).

Nature is full of beauties that people have hardly noticed until now. Instead of destroying them, we will strike a new age, the age of perceiving and accepting.

Except for a few poets, painters and nature lovers, the earth has been seen by people for too many centuries as a useful service provider. In the forest project everyone is invited to live out the side of the lover and artist in himself. The terrain may be embellished even more, we want to take up the work of nature and unite it with art along the way, i.e., we want to let it shine even more and make it even more tangible (through path sounding, terrain art, cute tree houses, etc.) or light plays with sound and wind ...

Pleasant music for humans and animals, among other things, are to be created in the sound tree house. This way we make sure that we also get our money's worth audiophilically and haptically. It also keeps us fit. The forest becomes a soundspace. If you walk

the big paths, you can let yourself be carried by sounds (-> Soundpath).



Nevertheless, there are great sanctuaries for noise-sensitive people and animals!

Festivals

On the premises, we want to organize small festivals depending on the arrangement. Good DJs and musicians should be invited and a fine compilation of our own sounds should be presented. At best, the festivals will generate additional income for the project. However, commerciality is expressly written small and it is definitely about the increase of the joy of life and the contacts to interesting people.

Individual self-development

"There comes for everyone the moment of choice and decision: How he will live his own life, a most personal life of deepest fullness, or whether he will choose that false, shallow, degrading existence which the hypocrisy of the world desires of him.

What else may we find in the want of work of all the millions but the impulse to be there at all costs, the same almighty impulse by which stunted plants stretch their roots into soilless rock?" - Friedrich Wilhelm Nietzsche

The people in the forest project should be able to develop freely. To surrender to what their spirit wants to tell them and learn from their great master the heart. There is no boredom as long as your spirit remains fresh.



"Work for work's sake is against human nature." -John Locke

Everybody has different interests and abilities, which are to be lived out in the forest project. On a board are the day's activities, you can orient yourself by it and choose what you feel like doing today. This is to avoid that you have to devote yourself to something you don't feel like doing today. Only in this way can we be motivated role models and show: What you do with full desire often makes a good result on some level, even if it is only a good feeling. That's why we believe that many residents are active out of joy and thus have a fulfilling feeling even while working.



Learning and research

Sciences

Knowledge is an important topic.

We think that there is much more interesting knowledge inside us and we are still very distracted by what it could tell us.

Researchers and scientists of different fields -as far as it is ethically correct- can (after agreement) do research with us, in return he/she gives one or more lectures or lecture series. (If this one would like to live out oneself still further, very gladly, one can become very fit with us ;) Because of the fact that people who are interested researchers and experience knowledge, many give brilliant lectures in their fields. What they are interested in, they pass on after they or we have made it known, through lectures, often hands-on. In this way, children can also be motivated to give lectures.

However, we also have many unanswered questions to be researched and investigated, for the answers we invite scientists or students who can write on their work in peace. Some questions we will ask, e.g. such a question could be, how healthy does our own love for our bodies and ourselves make us. How does nature develop (soil, animal, air and plant studies)?

Happiness, hormone balance and its effects as short-term and long-term studies.

Many questions are directed towards the field of neuroscience especially in happiness research, but other fields such as sociology and environmental science are also highly interesting for us.

We want to open the doors to further research areas:

- Environment and energy
- Futurology
- Health Research
- Interdisciplinary technologies
- Psychology
- Neurology
- Sociology
- Pedagogy
- Animal behaviour and much more.

At first this sounds very school-scientific, but especially here we want to point out again and again the possibilities of the combination of new and old knowledge, because with this treasure we can take off the glasses of ignorance more and more.

Children

The forest project should become a place where children are given much more space than they are used to. They will be given the freedom they need to discover themselves and their environment, give them the love that makes them grow.

In the gloomy world there is no place for a pure child's soul, this highest good is inevitably damaged! It will dull and brutalize continuously, because it learns to look through cruelties and to admit them. Because they despair, not only due to adult's behaviour, but must endure themselves that they go along to destroy the planet and are declared as powerless persons in stopping it. They see this continuous suffering and instead of feeling like creators, they feel co-responsible for these circumstances. Since this leads to trauma, people often brutalize in their early years and from their inner beauty remains only a withered flower or desperate rebels. But neither leads to the balance in which it should be.

Children should be our role models as much as we are for them. We want to give them the feeling of an already mature and complete being, which has all its treasures inside and should live them out, as long as some basic principles are not violated.

Children belong to a healthy society and therefore also to the forest project!

This means that we also give our children the possibility to bring out their knowledge and if they want, they can share their discoveries with us. We humans would never have destroyed this earth in such a way, if we had listened more to the intuitive knowledge of the children. We would like to change this misbehaviour of the adult world.



Interest= Development

As already mentioned in the topic sciences.

"Parents educate their children only in such a way that they fit into the present world, even if it is corrupt. But they should educate them better, so that a future better state may be brought about by it.

One must never forget that one must put into the soul of the youth only that which one wishes to remain in it forever.

The soul of a child is sacred, and what is brought before it must at least have the value of purity.

Johann Gottfried von Herder

Animals

In the forest project live animals that we raised and those that were already there and respect them like family members. We are familiar with them and treat each creature responsibly.

It is very important to us NOT to exploit any animal. With that, we would soil ourselves and the relationship to this animal.

Particularly endangered species and animals that are extinct in the area should get a species-appropriate habitat with us.

We believe that you can develop a close relationship with any young animal (though less so with reptiles and insects). Some animal-to-animal friendships we can foster. They are our companions and, in some cases, make us become even more of who we can be, because they light a fire in us. Just as we should not be without nature, children and friends. These factors have been part of us for thousands of years, without these impulses many of us would not be able to develop on a full level. In this way we create the ground in which one can develop into who he really wants to be and still wants to become.



The animals we take in come from zoos/ wildlife parks/ factory farming, etc....

Since the animals have to get used to us and the other animals very much, they should still be as young as possible when they come to us, but also older animals are often an enrichment and deserve a nice home.



We will accustom the animals to us and to as many other animals as possible, then they can go to the larger area. The area means we live with them and they with us, together.

The second area is for the animals that are not so social. With them we will also spend a lot of time. Here, for example, individual coaching sessions can be held or simply close friendships can be cultivated.

The second area is firmly fenced, although the large area may also need fencing to ensure that our animals do not want to expand our territory on their own ;)

Natural hedges around the site, are intended to keep our animals back, they are about 5 m wide and 2 m high and are penetrable only by small animals.

If we take a glass of milk from the cow or a goat from time to time and leave enough for her child, we do not harm the animal or take some of the honey from the bees, we also take care of them magnificently and protect them.

I have been asking myself for a long time whether we notice a change when we live with animals in a species-appropriate and friendly way. For this, I would again like to invite scientists and explore myself. Perhaps in the forest project the animals and the inhabitants can provide more clues for this.

"Cruelty to animals and even indifference to their sufferings is, in my opinion, one of the gravest sins of the human race. It is the basis of human depravity."

-to Magnus Schwantje, 8.4.1915 by Romain Rolland

"The most infallible gauge of the heartiness of a people and of a man is how they regard and treat the

animals and how they treat them." -Berthold Auerbach

"Cruelty to animals is one of the most characteristic vices of a base and ignoble people."

- Alexander Freiherr von Humboldt

If we continue to try to mess with the earth, I am sure we will break our own necks. She (the earth) shows us that she finally wants peace with us. I am ready to be one of those people for her and invite everyone to be one as well.

We want to see the forest project as a pilot project and wish for many more, which are lived in this way or with similar values.

With the newly acquired knowledge, combined with the valuable old knowledge, we want to bring out films in which we deal with the true laws and try to illuminate this, document our lives in part and make it clear to people that there are solutions that should be found not only for life in nature, but also makes a sustainable urban life possible.

Thank you for your attention, we hope that we could give you a good insight and maybe you got the desire to participate in the forest project, for example, as a roommate, visitor, neighbor, vacationer, or self-creator ;)

