

Keep supporting each other is important now and in the future, you have no idea how much it bothers others outside of THI/TPC.

They can't handle people being nice, supportive and loving and caring for each other.

A simple solution to fixing a global problem, I guess "that guy" was right again! oops.

A question was posed in the chat of, where does the tree get it's mass from?

My answer was, inner growth and expansion.

The key also is, it keeps itself slim and trim, it grew taller and went vertical, not out and linear.

Think about that in terms of time, placement and destiny.

But this got me pondering, uh oh I hear the cry, he's going to ruin something else and or trigger me again.

But, maybe the great question we should be looking at is, why do some people grow too much and carry excess weight?

We are told it is poor lifestyle and eating habits, but what if the excess weight is the trauma laden baggage?

People have eating habits to cover up trauma, comfort eating it is called, but it is not comfortable at all is it?

Maybe excess fat stored is actually excess trauma? many have tried diets and mostly they fail, maybe the answer was to try shadow and inner work instead?

As chaos prevails all around us, it is often easier to get unbalanced.

As madness prevails all around us, it is often easier to stay unbalanced.

As lunacy prevails all around us, it is a testament to us all we remained with sanity.

We kept our head, hearts and minds whilst all around us lost theirs.

It is often said that, a hungry stomach, empty pocket or a broken heart can teach us the best life lessons, just like the dark can and do.

And the moral of what I have just said is, you never followed the crowd, you never caved into the herd mentality, you never allowed yourself to become them, you never unbalanced enough and you kept your sanity, despite the onslaught around you.

In essence you kept your sovereignty, you trusted your own instincts and created and walked your own rough, rugged worn out old path, not the newly tarmac roads laced with gold all laid out before you.

The rugged road is the easier path, not the hardest as many will tell you, because it leads somewhere.

The tarmac road is the harder, filled with savior programs, snake oil people, seducers and ultimately end up with a cul de sac and a loop, and at some point in time those on that road, will all end up back where they started.

They ponder on it all dazed and confused and all will say one thing? can you guess?

Their road is filled with illusion and yet so many walk that road, it is not only freshly tarmaced but laced with gold, like the yellow brick road in the Wizard of Oz, remember there is no sun in the shadow of the wizard.

They are blinded by their own inability to see the repeat patterns the dark forces lays out for them in their world.

There are many on that road and their world includes the Trustee, we all tried to help them "see" but received abuse, flak, nastiness and dismissiveness in return.

But, we got over that and continued are own upward facing path on our non linear journey of discovery, filled with pot holes, barriers, small swords of the medical variety being thrown at us, requests for ze papers please, and to our own testimony did a FU to all of that and pushed on.

Whilst trudging our path we still found time to stop on our weary travels to help and support the cul de sac people in the other world, some listened after they stopped spinning their own hamster wheels, and pondered on things and all thought the same thing, can you guess that now?

So, what is the learning part of where you stand today?

As you all ponder on what you haven't done, what you missed, what you haven't gained and lose patience because this, that and the other is not done, not achieved, not happened, where is the gratitude for yourself for what you have achieved already?

How can you gauge progress, if you haven't recognized your own progress? why are battles lost remembered more than personal battles won? why is sickness a focus of your attention and not all the times you were healthy? why are old friends mourned, yet new ones less embraced? why the focus on what you don't have and not recognize enough what you do have? why worry about the time of your death, when you can focus more on the time your living? why have regrets of the past, when you can manifest a brighter future? why focus on work or a job, when you are the work and the job?

These are the change of mindsets and thinking patterns we are all fighting to overcome, as we unhook the old programs.

Is it ironic that many people are working on themselves and changing everything about themselves including the future path of their DNA/RNA, that the soulless, the bots, the psychopaths and the deluded, are changing their DNA/RNA into a permanent defect that will ultimately lead to their own demise.

Many who have taken the techno jabs are all saying the same thing now as well, can you guess it now?

What this all tells you now is, and is re-enforced by certain fallen alt media personalities is, we at THI are on the right path, and clearly with their endless efforts to spoil that, they recognize it as well.

It tells me and should you, you are a force to be reckoned with, recognize that within yourself and then the collective.

The answer to the question was, the conspiracy theorists were right all along, take comfort of and from that on your, at times lonely long rugged path, because all of it will lead to something better.